

## MY BEST FRIEND'S CLOSET PROGRAM

My Best Friend's Closet is a youth empowerment program that provides high-quality, used, and donated fashionable clothing, shoes, and accessories to in-need, low-income youth, ages 12-18, identifying as female for their school and recreational needs.

During a 90-minute appointment, youth are connected with a near-to-peer volunteer mentor who will help them select items that suit their unique style and individuality at no cost. Clients are allowed up to 2 visits, a minimum of 12 months apart.



Complete the referral link on our website:

<u>www.makingchangesassociation.ca/my-best-friends-closet</u>

A confirmation will be emailed. Making Changes will contact the client or client's parent/guardian directly to book the appointment.



## Who Are We?

Making Changes Association is a dynamic non-profit, registered charity that empowers women, those who identify as women, and teen girls by providing them with the skills, confidence, and resources to support their pursuit of meaningful work and educational opportunities. Programs include Women in Technology, Employment & Life Skills, Dress for Success Calgary, and My Best Friend's Closet.

## Looking to Get Involved?

We rely on the support of funders, donors, and volunteers to keep programs no-cost and accessible to all clients. If you know any individual who may benefit from this program, please share our contact email with them: <a href="mailto:mbfc@makingchangesassociation.ca">mbfc@makingchangesassociation.ca</a>

**Making Changes Association** 

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## Funded by:













