



**Making
Changes**

EMPLOYMENT AND LIFE SKILLS PROGRAM FOR IMMIGRANT WOMEN

Are you an immigrant woman who feels the need for a better future?

Do you need information about education and work opportunities?

Do you wish to improve your job search skills?

This is an opportunity to

- ✓ **Increase your confidence**
- ✓ **Identify and learn to market your skills**
- ✓ **Practice job interviews and telephone situations**
- ✓ **Learn about Canadian Business Culture**
- ✓ **Further develop your English language skills**
- ✓ **Develop a plan to reach your goals**

FEE: FREE

**PLACE: Centre for Newcomers
1010, 999 - 36 Street NE, Calgary AB T2A 7X6**

**CLASSES BEGIN: Tuesday, November 1, 2011 – December 13, 2011
Every Tuesday for 6 weeks
(no class November 15th)**

TIME: 9:30 am – 3:30 pm (Bring your lunch)

CHILDCARE: Register for free childcare

FOR FURTHER INFORMATION and TO REGISTER, CONTACT:

ELAINE at 262-5776; e-mail: employmentlifeskills@makingchangesassociation.ca

LINH at 403-569-3347; e-mail: l.nguyen@centrefornewcomers.ca

IN PARTNERSHIP WITH THE **Centre for Newcomers**



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